# Newsletter

December 2023



Critical Care Operational Delivery Network



#### Welcome to our Network Newsletter — Winter 2023

As the end of another busy year approaches its timely to reflect on what we've achieved as a critical care network. It's been a busy year packed with unit meetings, training visits, events, conferences and a whole host of quality improvement activities which will be touched on throughout our Christmas newsletter. The most rewarding aspect of working within a network is coming together with dedicated people to make things better for patients and staff, whether that's improving experience, reducing harm, or improving teamwork and engagement. Gaining feedback from all members of our multi professional teams about how valued and included they feel as part of the safety survey has been so powerful and one of my highlights of this year. We are grateful to the Y&H Improvement Academy for assisting with this project and more thankful to all staff who took the time to

Safety Climate Survey

participate in the safety survey. Collecting data and information is a fundamental part of our role but is only part of the story, and we very much appreciate the time, effort and engagement we have with all our colleagues to ensure we remain focused on what matters to our patients and staff. We are especially grateful to the staff who engage with network forums and particularly those staff who give up their valuable time to support and lead various network groups and training events.

As this is the season of goodwill it's the perfect time to acknowledge the contribution each and every one of you make and to say thank you.

We wish you all and your loved ones a Happy Christmas and peaceful New Year and we look forward to seeing you in 2024.



Claire Horsfield, Network Manager & Lead Nurse <u>Claire.horsfield4@nhs.net</u>



**RHH General Critical Care Team** 

The Critical Care Network has been working in collaboration with the <u>Yorkshire & Humber Improvement Academy</u> to understand the safety climate across the Critical Care Units in SYB. It's important to understand team working and safety culture, as there is clear evidence demonstrating where team harmony exists there is a positive impact on safety. A sound safety culture exists where every member of the MDT, regardless of their role and professional group, feels valued and where everybody also feels like they can speak up if they feel worried about a patient (Psychological Safety).

If you haven't seen the results for your unit please ask your senior team.

# **Delirium Prevention Project**

The Delirium Prevention Project has been developed to increase awareness of prevention strategies, education, and the management of delirium for critical care patients. We have formed a task and finish group made up of knowledgeable and enthusiastic professionals from the multi-disciplinary teams within critical care throughout both West & South Yorkshire who all passionate about delirium prevention. The group are developing a repository of bite sized educational resources, tools and documents for both networks that will be accessible via the network websites. Patient representatives have offered their input for co-producing/reviewing materials to support patients and relatives affected by delirium. An event is being held on 7th May 2024 for delirium champions to attend to equip them with resources to take back to their units to share, advocate and empower the team to support critical care patients with delirium or at risk of developing delirium.



If you want more information or to get involved please contact Eve Geldart

# Critical Care Network Leadership Courses 2023



This year the Network repeated two Band 5/6 Leadership Courses in September at the Holiday Inn, Wakefield. All staff who attended the two day courses were required to completed the Myers Briggs Personality Test before the course, this was used to help staff understand their particular leadership traits and how best apply them in the work environment. The content of the course has been developed to allow staff to explore concepts of leadership and also leading change by undertaking a quality improvement project. Feedback from both courses was great, as such we propose to run a further two courses in 2024.



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# **Regional Benchmarking Group**

In September 2023 the Regional Benchmarking Group launched a new benchmarking process and at the same time welcomed the SYB Critical Care Units into the group. A Benchmarking Best Practice Principles document has been produced to ensure standardised practice when benchmarking and new tools have been developed to allow comparison between units for specific areas of care. The benchmarking tools have been developed, based on the evidence and to reflect current best practice and guidance, reducing subjectivity.

The benchmark results have been shared with your unit benchmarking lead and senior nurses. Sharing the results promote discussion, sharing of best practice and lead to quality improvement. Want to get involved? Speak to your senior nurse.



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| Month     | Benchmark Calendar           |
|-----------|------------------------------|
| September | Endotracheal Tube Management |
| October   | Tracheostomy Tubes           |
| November  | Pressure Ulcer Prevention    |
| December  | Eye & Oral Care              |
| January   | Delirium                     |
| February  | Arterial & Central Line      |
|           | Management                   |



### SYB Critical Care Transfer Training

The SYB Network will be running On the Move—Critical Care Transfer Course in May and October 2024 (dates to be confirmed). This course will take place at the Northern General Hospital, Sheffield and they are aimed at Nurses, ODPs, Anaesthetic/ ICM/ ACCS trainees (CT1-3) and those new to inter and intra hospital transfer.

The courses consist of a mix of lectures, workshops and simulation. Please seek agreement from your Education Supervisor / Clinical Educator and book your place here. Keep an eye out on the website for dates.

**Transfer Training - SYBCCN.ORG** 

# NECTAR Transfer Service

NECTAR continue to be commissioned by NHSE to provide the Adult Critical Care Transfer Service for Yorkshire & Humber

The service is available 7 days a week from 10.00 - 22.00 To contact NECTAR the phone number: 01912826699



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#### Prevention of Ventilator Associated Pneumonia Guideline

The last Network Clinical Advisory Board meeting provided the final sign off of the long awaited Network VAP guideline. This provides the opportunity for units to accurately benchmark and share practice on prevention of VAPs. The next step is now over to units to implement this. Thank you to all those who have contributed to the production of this guideline.

Prevention of Ventilator Associated Pneumonia Guidance Nov 2023



Follow us on TWITTER @sybccodn

Or keep up to date on our website:

<u>www.sybccn.org</u>

# Contact Us

If you have any queries in relation to the content of this newsletter, need any support or if you have any content ideas for future editions please get in touch via email at <u>leedsth-tr.WYorksODN@nhs.net</u>

# **ODN Network Team**

The South Yorkshire & Bassetlaw Critical Care Operational Delivery Network is made up of a small team. Claire Horsfield as Manager/Lead Nurse supported by Dr Nick Barron, Medical Lead, Andrea Berry, Quality Improvement Lead Nurse, Samantha Rogers Project Manager & Data Analyst & Eve Geldart, Lead Nurse for Education & Quality Improvement.



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